

## There is No One Best Screening Test For Colon Cancer: The Proof and Benefits of Getting FIT

<http://www.cecentral.com/activity/dev/8552>

### Activity Details

Credit Type: CME  
Credit Amount: 1.25

- Cost: **Free**
- Release: **Jun 30, 2014**
- Expires: **Jun 30, 2017**
- Estimated Time to Complete: 1 Hour(s) , 15 minutes
- System Requirements , Adobe Flash Player



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### Needs Statement

Colon cancer continues to be the second leading cause of cancer deaths in both men and women in Kentucky. This is concerning because the majority of colon cancer deaths could be prevented with regular screenings using methods recommended by the United States Preventive Services Task Force. Recent research has shown the effectiveness of using Fecal Immunochemical Testing (FIT) as a screening option, but the advantages of this test over the standard guaiac fecal occult blood test is not well understood and, therefore, it has been underutilized.

### Target Audience

Physicians, nurses and other clinicians interested in colon cancer screening

### Objectives

Upon completion of this educational activity, participants will be able to:

1. Identify more than one recommended screening option for colon cancer
2. Identify factors that increase risk for colon cancer
3. Describe screening recommendations for average risk adults
4. Review evidence for using occult blood as a screening marker for colon cancer
5. Identify the difference between Fecal Occult Tests and Fecal Immunochemical Tests

### Accreditation

#### CME

The University of Kentucky College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Kentucky College of Medicine designates this enduring material for a maximum of 1.25 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Kentucky College of Medicine presents this activity for educational purposes only. Participants are expected to utilize their own expertise and judgment while engaged the practice of medicine. The content of the presentations is provided solely by presenters who have been selected for presentations because of recognized expertise in their field.